



Network for  
Practices Ltd

# Interpreting Spirometry Training for Clinical Staff in Primary Care (1-day) – Accredited by CPD UK

[www.networkforpractices.co.uk](http://www.networkforpractices.co.uk)

**Cathy Warner** has over 40 years of nursing experience, the last 20 of which have been in Primary Care. She currently works as Lead Respiratory Specialist Nurse for a large, 8 practice PCN. Cathy holds post graduate qualifications in Asthma, COPD, Spirometry and Allergy and has recently completed a Masters Degree in Respiratory Practice; as well as being a Non-Medical Prescriber. She is the Guardian of the Wiltshire Airways Nurse Group (WANG) which she was instrumental in setting up several years ago. Cathy has extensive experience as a Trainer, having worked both as a regional Trainer for Education for Health, a Facilitator on the IMP2ART project as well as her own independent training practice, CW Respiratory.

## Booking Information

To book a place/s email  
[bookings@networkforpractices  
.co.uk](mailto:bookings@networkforpractices.co.uk)

Our acceptance of your booking brings into existence a legally binding contract between us on the following **Terms & Conditions** - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that **Cancellations are by email only**. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

**Date:** 12<sup>th</sup> May 2026  
**Times:** 0930-1630 (with regular breaks during the day, including a lunch break)  
**Venue:** Wiltshire & Bath Air Ambulance Air Base, BA14 6JX  
**Places available:** 12  
**Fee/s:** NfP Members £105/ Non-Members £150

**This workshop is suitable for: Registered Nurses, GP's and Allied Registered HCPS.**

*The ARTP currently states: "The National Register is not mandatory but it ensures that all practitioners involved in spirometry have their skills assessed and are certified as competent". Whilst CQC state that "Those performing or interpreting diagnostic spirometry in general practice must be able demonstrate their competency. Being on the Association of Respiratory Technology & Physiology (ARTP) national register is one way to evidence quality and consistency."*

This training is developed in line with [ARTP \(www.artp.org.uk\)](http://www.artp.org.uk) standards and the course is facilitated by a clinical expert in both spirometry and education. They provide practical support and problem solving to prepare the Candidates to interpret spirometry traces in primary care.

***This one-day training is ideal as a refresher and an alternative option for those who don't wish to pursue the more in-depth portfolio and assessment for ARTP registration preparedness at this time.***

The ARTP are currently the ONLY assessors of competence for admission to the register.

**You will learn:**

- The role of spirometry in diagnosis
- How to interpret a spirometry trace
- What do to if you are unsure?

### By the end of the course, you will be able to:

- Identify the 7 key factors for ensuring that a trace is fit for purpose
- Identify the key parameter used to support a diagnosis
- Understand how the figures reflect the pathophysiology of the lung
- Be able to identify whether a trace is
- Normal
- Obstructive
- Restrictive
- Combined
- Identify the differential diagnoses and action that would go with each trace.

### Agenda

- Introduction / What do you want from the day? / Fears and concerns
- What is spirometry: demonstration for those who do not perform
- Potential problems with quality of spirometry
- How to interpret: what does it mean and what is significant?
- Practical interpretation exercises

“Excellent course” “Brilliant Update” “Excellent”

*“Interactive. Trainer very welcoming of questions and going off piste!”*

*“The PNs that have been at the recent course, actually got more from the course than advertised, as it was a safe place of equal and respectful support given to nurses, new or struggling. It was a pleasure to observe and be part of”*

### ARTP Assessment Preparation

If you are interested in extending this training to include the more in-depth portfolio and assessment please indicate this upon booking.

There are additional costs and viability is dependent on a minimum number of Candidates.

This training is kindly sponsored by the following Pharmaceutical Companies

# TBC

*The above pharmaceutical companies have sponsored this meeting through the purchase of exhibition stand space only and have had no input into the agenda*