



Network for
Practices Ltd

www.networkforpractices.co.uk

Consultant Information

Deryl Dix works independently as a facilitator, trainer & consultant with considerable experience in developing leadership programmes and in well-being and mental health in the workplace.

In addition to working throughout the UK, Deryl has worked internationally, frequently delivering programmes in France, Belgium, Germany, China, India, and Singapore.

Deryl's professional experience has included being Director of FPA Wales for ten years and employment at Director level in a further two UK wide charities. In addition, Deryl is affiliated to numerous organisations as an associate. With a background in drama and theatre, creative methods are frequently utilised in her delivery. Deryl is also qualified to teach Mindfulness-based stress reduction (MBSR) courses.

Booking Information

To book a place/s email

bookings@networkforpractices.co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

The Essential Guide for New Managers

(2 day workshop)

Date: 5th and 6th February 2026
Times: 0930 - 1630
Venue: Zoom Online Platform
Places available: 12

Fee/s:	NfP Members	£155
	Non Members	£200

This workshop is suitable for: any new managers, or those about to start a new managerial post.

This two-day workshop is designed to equip new managers with the knowledge, skills, and confidence they need to succeed in their roles. Through a combination of theoretical learning and practical application, participants will leave the workshop better prepared to handle the challenges of management and to lead their teams effectively. By fostering a supportive learning environment, the workshop also provides an invaluable opportunity for new managers to connect with peers and share their experiences, further enhancing their development and growth.

Aim:

The primary aim of this course is to provide new managers with a comprehensive introduction to management. It seeks to develop and build essential management skills while increasing the confidence of participants. By engaging in this workshop, participants will gain a deeper understanding of what it means to transition into a management role and how to navigate the complexities that come with it.

Outcomes:

- Understanding the Role of a Manager
 - Transitioning into Management
 - Roles and Responsibilities
 - Self-awareness and Management styles
- Building Essential Management Skills
 - Performance Management
 - Developing Management Skills
 - Planning for Ongoing Development

Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH

Network for Practices Ltd Company No 06435074. - Incorporated at Companies House, Cardiff 22nd November 2007