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Practices Ltd

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**Cathy Warner** has over 40 years of nursing experience, the last 20 of which have been in Primary Care. She currently works as Lead Respiratory Specialist Nurse for a large, 8 practice PCN. Cathy holds post graduate qualifications in Asthma, COPD, Spirometry and Allergy and has recently completed a Masters Degree in Respiratory Practice; as well as being a Non-Medical Prescriber. She is the Guardian of the Wiltshire Airways Nurse Group (WANG) which she was instrumental in setting up several years ago. Cathy has extensive experience as a Trainer, having worked both as a regional Trainer for Education for Health, a Facilitator on the IMP2ART project as well as her own independent training practice, CW Respiratory.

**Sarah Baker** has nearly 20-years' experience combining both acute secondary care and community specialist respiratory nursing. Holding both senior sister roles in both ITU/Critical Care Out Reach teams Sarah now focusses on delivering specialist respiratory care within a large community trust. As part of these roles, Sarah has led the development and implementation of clinical pathways relating to respiratory care and completed a practice development secondment role for 6 months leading to further opportunities for ongoing in-trust education which she continues in her current post.

As an experienced member of the community respiratory team Sarah is passionate about bringing nurse-led education to her peers and prides herself on delivering and developing clinical skills to drive personal and service development. As a member of the PCRS Sarah values the difference informed and knowledgeable colleagues, delivering high standards of care can make to the patients COPD journey.

## COPD – the Complete Journey. Training for Clinical Staff Working with Patients Through the Disease Stages

**Date:** 27<sup>th</sup> & 28<sup>th</sup> April 2026  
**Times:** 0930-1630 (both days)  
**Venue:** Wiltshire & Bath Air Amulance Airbase, BA14 6JX  
**Places available:** 15  
**Fee/s:** NfP Members £215 / Non-Members £260

**This workshop is suitable for: Nurses, GP's, Pharmacists, Nurse Associates and other similarly trained clinical staff.**

📌 Candidates need to bring a placebo dry power and pmdi inhaler that they will be able to use during the training

### Introduction

Written and delivered by two experienced nurses, one a Respiratory Nurse Specialist in Primary Care the other a Community Respiratory Matron; the course is designed for all Health Care Professionals involved with the care of patients with COPD. It takes you through the complete patient journey, from diagnosis to palliative care and aims to inform Health Professionals of the key elements of good quality care and raise awareness of some of the techniques and resources available.

### Day 1

- Diagnosis - History Taking, Risk Factors
- Diagnosis - Objective tests - including using spirometry overview
- Treatment - Pharmacological and non-pharmacological – what is in our armoury
- Inhalers - getting it right
- Routine review - not just a tick-box exercise.
- Exacerbation management

### Day 2

- Community Care – Where to go next? What can we offer?
- COPD optimisation – Covering assessment, breathlessness, Pacing and Lifestyle factors
- Pulmonary rehab – Why it matters?
- Oxygen, understanding blood gases, NIV – What do I need to know?
- End of Life care – Getting it right for the patient, the family and us



To book a place/s email  
[bookings@networkforpractices  
.co.uk](mailto:bookings@networkforpractices.co.uk)

Our acceptance of your booking brings into existence a legally binding contract between us on the following **Terms & Conditions** - *If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.*

*“What an excellent course this has been. Both days were very well taught and despite having undertaken a L7 COPD course and working in a purely respiratory capacity for 5 years (at an advanced level), I have still taken a lot of learning away with me.”*

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*“Excellent course, I would recommend it to others”*

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*“One of the best courses I have been to”*

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*“Very informative and supportive and aimed at my level”*

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*“Knowledgeable Speakers”*

**This training is kindly sponsored by the following Pharmaceutical Companies**

**TBC**

*The above pharmaceutical companies have sponsored this meeting through the purchase of exhibition stand space only and have had no input into the agenda*