

Pre-counselling, checking of, and safe removal of Intrauterine Contraception

Date & Times: 5th March 2026
Times: 0930-1300
Venue: Zoom Online Platform
Places available: 12
Fee/s: NfP Members £75 / Non-Members £120

This workshop is suitable for: Clinicians working in primary care, women's health, or involved in the diagnosis and management of menstrual disorders.

Trainer Information

Hanna Smith An experienced Specialist Nurse Practitioner within General Practice, splitting her time between clinical sessions and education. Hanna runs nurse-led clinics specialising in women's health and is Director of BBO Training Ltd.

Hanna holds various qualifications within nursing and education; she is an implant and coil fitter and College Registered Trainer (CRT) and General training Programme Director (GTPD) for the College of Reproductive and Sexual Health. As a nurse prescriber Hanna runs nurse-led clinics for women's health including contraception, menopause, prolapse and pessary and general women's health management.

To book a place/s email

bookings@networkforpractices.co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

Introduction

Welcome to our comprehensive training in IUD/IUS removal and patient counselling. In this dynamic course, participants will delve into the essential understanding of how intrauterine devices (IUDs) and intrauterine systems (IUSs) function, emphasising their critical role in safe and effective contraceptive care.

Throughout the session, attendees will gain the confidence and competence needed to conduct IUD/IUS checks and removals safely, while also exploring strategies for patient counselling to facilitate informed decision-making. With a dedicated focus on preparing patients for intrauterine contraceptive (IUC) fitting, this course aims to enhance practice efficiency and deepen participants' understanding of all long-acting reversible contraceptives (LARCs).

By the end of the training, you can expect to achieve the following learning outcomes:

1. Revise the methods of IUC available
2. Understand the indications for fitting and removal of IUC
3. Feel confident in both checking and removing IUC and giving appropriate follow-up advice
4. Understand the importance of a good referral pathway for IUD Problems
5. Allows discussion of relevant practice problems and their solutions

The training will be delivered by an experienced healthcare professional with expertise in Contraception and Sexual Health, ensuring that you receive the most relevant and up-to-date information. The session will include interactive discussions, case studies, and opportunities for networking and knowledge sharing.



www.networkforpractices.co.uk

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Overview of the programme (subject to small changes)

0915	Coffee and registration
0930	Introduction and course objectives
0940	Overview of all LARC methods available
1000	Counselling prior to insertion. Considering; Pregnancy risk, Infection risk, Cycle timings
1045	What to expect at fitting and when to refer.
1100	Break
1115	Follow ups – management of pain, bleeding and 'coil checks'
1130	When / how and why we remove IUC - theory
1215	Case studies
1240	Action plan, evaluation, and resources
1300	Close

This session is kindly sponsored by the following:

TBC

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