



Network for
Practices Ltd

www.networkforpractices.co.uk

Dr Tamara Cunningham

has been a GP for over 20 years. She obtained her educational qualification (PGCME) and became a GP Trainer in 2010. She has been a Programme Director for a GP Training Scheme since 2013. She has developed and delivered many courses and workshops. She is also a qualified coach (ILM7) and she mentors newly qualified GPs on the GP Fellowship Scheme.

Her passion is for supporting the development of all professionals working in a primary care setting.

This session is kindly sponsored by the following:

TBC

The above companies have sponsored this session by way of a promotional presentation have had no input into the agenda or speaker

To book a place/s email

bookings@networkforpractices.co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following **Terms & Conditions** - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

Introduction to Minor Illness

Date & Times: 6th & 13th May 2026
Times: 0930-1600 (both days)
Venue: Zoom Online Platform
Places available: 12
Fee/s: NfP Members £205 / Non Members £250

This workshop is suitable for: Nurses and other Registered HCPs.

Learning Outcomes - by the end of the training, you can expect to achieve the following:

1. How to achieve a "good consultation"
2. To gain a better understanding of how to diagnose and treat certain minor illnesses
3. To gain a wider knowledge of medicine management, when to prescribe and what to prescribe
4. To gain a better understanding of when to initiate tests which may help with the management of the illness
5. Develop knowledge on how to discuss the patient's options and proposed plan of management with them
6. To know when to refer a patient to see another health professional
7. Engage in a discussion of relevant practice problems and their solutions
8. Understand the importance of ongoing professional development

Agenda - Overview of the programme (subject to small changes)

Day 1

9.00 Coffee and registration
9.15 Introduction and course objectives
9.30 What is a "Good Consultation?"
10.00 Fever and Flu Like Illness
10.45 Coffee
11.00 Respiratory Tract Infections (including breath sounds)
13.00 Lunch
14.00 Case Studies
14.30 UTI
14.30 Ears, Nose and Throat
15.00 Abdominal Pain
15.30 Action plan, evaluation, and resources
15.45 Close

Day 2

09.00 Welcome back
09.15 Review of work from day 1 – any feedback/questions?
09.30 Head, Neck and Back Pain
10.30 Eye Infections
10.45 Coffee
11.00 Mental Health (low mood)
13.00 Lunch
13.45 Rashes
14.30 Minor Injuries
16.00 Case Studies, Action plan, evaluation, and resources – next steps?
16.15 Close

Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH

Network for Practices Ltd Company No 06435074. - Incorporated at Companies House, Cardiff 22nd November 2007