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Trainer Information

Julie Van Onselen (RGN,

RSCN, DipN, DipMar,
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Director and Educator,
Dermatology Education
Partnership Ltd)

www.dermatologyeducation.co.uk

DEP Ltd offers dermatology education on behalf of the NHS and health care organizations, including, academic departments, professional groups and patient support groups. These have included training courses, interactive on-line education programmes, films, patient education (including self-management courses), articles, courses and hands on practical dermatology clinical skills and dermatology service development. Julie has 25 years clinical dermatology experience; and is passionate about improving skin care and support for people through developing educational initiatives for both healthcare professionals and patients.

Fundamental Dermatology for Primary Care

Date & Times: 18th March 2021 & 1st April 2021

Times: 0900-1200 & 1300-1545

Venue: Microsoft Teams Online Platform

Places available: 16

Fee/s: NfP Members £175

Non Members £225

This workshop is suitable for: Nurses and other suitable Health Care Professionals.

This course is particularly relevant for any health care professional working in primary care, especially if dermatology has not been included in post registration training. A two-day course is encouraged to allow advances in your practice and gaining of relevant competencies to improve clinical confidence and patient care.

The importance of dermatology care and promotion of skin health is essential in general practice. The Primary Care Dermatology Society states that 10-15% of the primary care workload involves dermatology and that many common skin conditions are managed entirely within the practice setting. Chronic skin conditions have a psychological impact on life and healthy living. Supporting and helping patients with self-management is often the key to treatment success. A recent survey by The British Skin Foundation (2016) revealed that patients find it easier to talk to a nurse about their skin; and only 50% of patients comply with medical treatment for their skin condition.

We have also included learning outcomes and will provide competencies that you can achieve in practice

Learning Outcomes

By the end of the course, delegates should:

- Improve skills in history taking, skin assessment and recognizing skin lesions
- Gain practical evidence-based knowledge (pharmacological and non-pharmacological) on management of common skin conditions in primary care and know when to refer
- Increase clinical confidence in advising patients and colleagues on recognising and managing skin conditions; and supporting patients in self-management



DAY 1 - Fundamental skin assessment and skin lesion recognition

- Introductions and agenda
- Anatomy and physiology of normal skin
- Pathophysiology of acne, eczema and psoriasis – what are the skin
- Changes in common dermatology conditions?
- The language of dermatology – how to describe what you see?
- Skin assessment and history taking – how to record what you see?
- LUNCH
- Recognising skin changes: skin lesions and skin cancer – when to worry challenge
- Screening for skin cancer and sun safety health care education guidance Dermatology resources and guidelines - where to find information?
- Course work and preparation for day 2

DAY 2 - Fundamental skin treatment and patient support

- Welcome back and course work review
- Managing acne in primary care – with ‘hands on’ OTC and topical treatment for mild and moderate acne
- Managing psoriasis in primary care - with ‘hands on’ topical treatment for mild and moderate chronic plaque psoriasis (including body and scalp application demonstrations)
- Managing eczema in primary care – take the topical steroid challenge
- Meet the patient/s find out more how patient self-manage chronic skin conditions and what they would like primary care HCPs to know (acne, eczema and psoriasis) with an emphasis of psycho-social aspects and ‘living with’ a skin condition – roundtable session
- LUNCH
- Practical emollient workshop – ‘test, try and feel’ to understand patient choice
- Skin infections – how to recognise/diagnose and manage?
- Genital skin conditions - Update on lichen sclerosis recognition and treatment
- When to refer? Case study approach – group work
- Practice reviews, competencies and reflective discussion
- Evaluation and completion of course

Booking Information

To book a place/s email
bookings@networkforpractices.co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £25 charge will be applied to cancellations/DNAs. Payment is required within 14 days from date of invoice.