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## Trainer Information

**Becky Swadling** is an Independent Travel Health Specialist Nurse, currently working with Health Team Ltd to support an app used to provide guided travel health consultations and provide training to Pharmacists new to Travel Health. She completed the diploma in Travel Medicine in 2006 and is an associate member of the Faculty of Travel Medicine.

Becky started her career in travel medicine in 2000 when her interest was sparked after a few years of independent travel across the globe. She experienced firsthand many tropical diseases such as Dengue, Giardia, Dysentery, Bed bugs and tropical ulcers as a result of naivety and no pre travel health consultation or advice. Beckys' experience includes working in oncology, medical admissions and as a practice Nurse for Student Health. She has worked in a management role for many years and specialises in clinical policy and travel health education. She was the Head Nurse, then Senior Clinical Nurse Specialist for Nomad Travel Clinics for 16 years. She has devised and implemented an in house certified and assessed training programme for Travel Health for all Nomad Nurses, delivered via webinars and has created interactive E-Learning modules in travel medicine. She writes and reviews PGDs and has a history of policy review.

Becky has regularly delivered lectures to Practice Nurses/School Nurses, GPs and the general public in the past and currently delivers face to face training days for Pharmacists in Travel Health. Becky is also a medical trainer for VSO volunteers for the ICS programme.



## ABC of Travel Health Day

**Date:** 12th May 2020  
**Times:** 0930-1630  
**Venue:** Llanrumney Surgery, Cardiff, CF3 5NP

**Places available:** 20  
**Fee/s:** Members £85  
Non Members £115

**This workshop is suitable for: Nurses.**

### Introduction

In 2018 there were 71.7 million visits overseas by UK residents. Visiting friends or relatives (VFR) is the second most popular reason to travel after leisure, and a significant number travel for their work. Whilst Europe and the USA remain the most popular destinations for leisure travel, visits to more exotic locations have increased significantly in recent years.

General Practice currently remains the most likely place for Travellers to seek pre-travel advice, it is therefore important that Practice Nurses are familiar with the basics of travel health and kept up to date with ever changing recommendations. Many of the more vulnerable travellers (e.g. VFRs) fail to present specifically for travel advice and so there needs to be scope in general practice for opportunistic pre-travel education.

### Course Content

- The process of risk assessment in a travel consultation
- Reliable resources
- Introduction to all travel vaccines and recent updates
- Malaria overview
- Other 'hot topics' in travel health

### Learning Outcomes / Workshop Objectives

- Understanding importance of thorough risk assessment in a travel consultation and awareness of tools available to help in your clinic
- Where to access reliable resources
- Basic understanding of how vaccines work and the immune system
- An overview of all travel vaccines, their recommendations and their schedules
- The basics of malaria
- Awareness of some current disease outbreaks

To book a place/s email [bookings@networkforpractices.co.uk](mailto:bookings@networkforpractices.co.uk)

*Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £25 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.*

**Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH**

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